

**Rx Only**

**DESCRIPTION:** PRENATE DHA<sup>®</sup> is a prescription prenatal/postnatal multivitamin/mineral/essential fatty acid softgel. Each softgel is blue in color, opaque, and imprinted with "DHA" on one side and blank on the other.

**Supplement Facts**

**Serving Size: 1 Softgel**

<b>Amount per Serving:</b>	<b>% Daily Value</b>	<b>% Daily Value for Pregnant &amp; Lactating Women</b>	
Vitamin C (as ascorbic acid)	90 mg	150%	150%
Vitamin D3 (as cholecalciferol)	10 mcg	50%	70%
Vitamin E (as dl-alpha tocopherol acetate)	18 mg	120%	95%
Vitamin B6 (as pyridoxine HCl)	26 mg	1300%	1040%
Folate (as (6S)-N5-methyltetrahydrofolic acid calcium salt (equivalent to 600 mcg of folic acid) and folic acid, USP 400 mcg)	1700 mcg DFE	430%	280%
Vitamin B12 (as cyanocobalamin)	25 mcg	420%	310%
Calcium (as Formical <sup>®</sup> (calcium formate))	155 mg	15%	10%
Iron (as Sumalate <sup>®</sup> (ferrous asparto glycinate))	18 mg	100%	100%
Magnesium (as magnesium oxide)	50 mg	15%	10%
Docosahexaenoic Acid (DHA)	300 mg	†	†

† Daily Value (DV) not established.

PRENATE DHA<sup>®</sup> contains fish oil and soy.

**OTHER INGREDIENTS:** Gelatin capsule (FD&C Blue #1, FD&C Red #3, gelatin, glycerin, purified water, sorbitol and titanium dioxide), beeswax, soy lecithin, and soybean oil.

**INDICATIONS:** PRENATE DHA<sup>®</sup> is a multivitamin/multimineral fatty acid dietary supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers. PRENATE DHA<sup>®</sup> can also be beneficial in improving the nutritional status of women prior to conception.

**CONTRAINDICATIONS:** PRENATE DHA<sup>®</sup> is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**WARNING:** Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

**PRECAUTIONS:** Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B<sub>12</sub> is deficient. Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**ADVERSE REACTIONS:** Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

**DOSAGE AND ADMINISTRATION:** Before, during and/or after pregnancy, one softgel daily or as directed by a physician.

**HOW SUPPLIED:** Bottles of 30 softgels. (75854-312-30).

The listed product number is not a National Drug Code, but has instead merely been formatted to comply with standard industry practice for pharmacy and insurance computer systems.

Store at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F). [See USP Controlled Room Temperature.]

**MANUFACTURED FOR:**

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L-0177 Rev 1219-01

Formical<sup>®</sup> is a registered trademark of Nephro-Tech 1, LLC, covered by one or more claims of U.S. Patent No. 6,528,542.

Sumalate<sup>®</sup> is a registered trademark of Albion Laboratories, Inc., covered by one or more claims of U.S. Patent Nos. 5,516,925, 6,716,814, 8,007,846, and 8,425,956.

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