

Beach Packing List

Must-Have Packing List for a Beach Trip with a Baby

for the car

- A change of clothes for every member of the family
- A lint roller and small brush to remove sand from feet and the car
- Bottled water
- Aloe
- Lightweight blankets and small pillows for the ride home
- Basic first-aid kit

for the beach

- A mesh tote bag for shoes, towels and beach toys
- Multiple snacks in small containers
- Twice as many diapers as you think you'll need and a full container of wipes
- Non-toxic sunscreen and sunscreen that's specially formulated for babies
- Hats, sunglasses and a lightweight cover-up for sun protection
- Non-toxic bug spray
- Light-colored, long-sleeve tee shirts for babies and young children

beach gear

- Pop-up tent
- Waterproof beach blanket
- Child-sized cooler
- Wagon
- Front carrier for walks on the beach

parent must-haves

- Parent-only beach bag for personal items, keys and wallet
- Prescription medications
- Prenate® vitamins
- Portable phone charger
- Antibacterial wipes for pre-snack hand cleanup

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